

# SAMPSON

ORTHOBIOLOGICS & REGENERATIVE MEDICINE

Orthobiologics is revolutionizing medicine. A rapidly evolving practice, emerging technologies and new research is changing the way we approach healing. Though exciting and promising, navigating this landscape can be complex and overwhelming. As a pioneer in orthobiologic therapies with expertise in orthopedic injuries and sports medicine, my practice, research, and global platforms have laid the foundation for the emerging field. Since publishing one of the first peer-reviewed research articles on Platelet Rich Plasma (PRP) for musculoskeletal injuries and knee osteoarthritis, I have established a premier, evidence-based practice in Los Angeles, CA and The Orthobiologic Institute (TOBI), a premier annual conference and global network to steward the future of cellular healing. From advising professional sports teams, biopharmaceutical companies, and private equity firms to global lectures educating physicians; my work promotes an ethical and standardized approach advocating for cell based treatment of orthopedic injuries.

I believe the collective research, experience, and network of the biologic community is the most powerful instrument of healing. And, that the best medical solutions can only come from the continued learning and growth of those who administer it. The future of medicine is what we choose to make it. It's why I have passionately spent decades as a forefront expert in orthobiologics —interrogating medicine, discovering the potential of cellular therapies including PRP, Bone Marrow Concentrate, Adipose tissue, Amniotic Tissue Allografts, Hyaluronic Acid, and Shockwave. It's why my medical practice and educational platforms probe innovative solutions and challenge the standard of care to help patients suffering from pain.



A handwritten signature in black ink, appearing to read 'Sampson'.

DR. STEVEN SAMPSON





## PROFESSIONAL EXPERIENCE



**ORTHOHEALING**  
— CENTER —  
LOS ANGELES

The Orthohealing Center is the premier destination for minimally-invasive orthopedics and sports medicine. It is one of the few clinics combining the latest cell therapy technologies with data from patient outcomes to improve protocols and customize treatment.



The Orthobiologic Institute (TOBI) educates and empowers physicians through sharing research, establishing best practices, and providing ongoing networking, training, and practice growth mentorship to advance the field of regenerative medicine. From an annual conference attracting more than 1,000 attendees from over 40 countries to a comprehensive network of thought leaders from the orthopedic and enterprise community; TOBI intentionally chases the most vital questions facing orthobiologic practice to activate the potential of these treatments and those that deliver them.



As an extension of his leadership in regenerative medicine, Dr. Sampson is an educator and mentor to rising physicians. He is an Assistant Clinical Professor at the David Geffen School of Medicine at the University of California, Los Angeles (UCLA) and also holds affiliations at Western University of Health Sciences, Touro College of Osteopathic Medicine in New York and California.

## EDUCATION

Chicago College of Osteopathic Medicine, D.O. 2002

## POST-DOCTORAL TRAINING

Saint Vincent Medical Center of Manhattan, New York, NY  
Dept. of Physical Medicine & Rehabilitation Chief Resident, 2006

# 40+

LECTURES INCLUDING THE  
UNITED NATIONS IN GENEVA  
AND US CONGRESS ON CAPITOL HILL

# 35+

AUTHORED ARTICLES, RESEARCH  
PAPERS AND TEXTBOOK CHAPTERS

# 3,500+

TRAINED PHYSICIANS THROUGH  
EDUCATIONAL PLATFORMS

# 15+

YEARS OF EXPERIENCE IN  
ORTHOPEDICS AND  
SPORTS MEDICINE

## CONSULTING & RESEARCH HIGHLIGHTS

Bioventus, Advisory Board for Orthobiologic Product Development

Orthobiologic Consulting, Several National Basketball Association (NBA) Teams ,All Elite Wrestling (AEW), and USA Olympic Track and Field Athletes

Principal Investigator, FDA Approved Clinical Trial. Personalized Adipose Derived Stem Cell Therapy for Knee Osteoarthritis

Principal Investigator: PRP Significantly Improves Clinical Outcomes in Patients with Chronic Tennis Elbow. A Double Blind, Prospective, Multicenter, Controlled Trial of 230 Patients. The American Journal of Sports Medicine

“ Seeking out treatment from Dr. Sampson and the Orthohealing Center has been one of the best moves I have made in my career in terms of taking care of my physical health. Treatment at the Orthohealing Center helped me substantially. ”

Stephon Marbury  
Former NBA Basketball All-Star and  
3 time CBA World Champion

## SPECIALTIES

### DIAGNOSIS AND TREATMENT OF:

Osteoarthritis and sports related injuries  
Tendon, ligament, meniscus, cartilage, and joint injuries

### DELIVERY OF ORTHOBIOLGIC TREATMENTS INCLUDING:

Platelet Rich Plasma (PRP)  
Bone Marrow Concentrate  
Adipose Tissue  
Hyaluronic Acid  
Intraosseous Injections  
Shockwave Therapy  
Electromagnetic therapy



AS SEEN IN...

Los  
Angeles  
Times

**THE HUFFPOST**

THE  
early  
show

**ESPN  
((RADIO))**



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"I believe medicine is both an art and science. Less invasive and more effective approaches require facilitating the body's ability to heal itself. This natural approach allows true feedback on healing and progression rather than masking symptoms."

DR. STEVEN SAMPSON

## OTHER MEMBERSHIPS & AFFILIATIONS

American College of Regenerative Medicine (ACRM). Co-Founder

Biologic Orthopedic Journal (BOJ) Editorial Board Member

DataBiologics, Advisory Board Member

Arthritis Foundation, Advisory Board

## CERTIFICATIONS & AWARDS

Diplomate, American Board of Physical Medicine & Rehabilitation

Los Angeles Magazine, Top Doctors 2018, 2019, 2020, 2021

Los Angeles Magazine Super Doctors, California's Rising Stars. August 2015

Arthritis Foundation. 2015 Ron Cey Orthopaedic Honoree Award

Los Angeles  
**L.A.'S TOP  
DOCTORS**  
**2021**

